

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

JAN 23 1991  
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COURSE TITLE: NURSING CLINICAL II

CODE NO: RNA 204-15

SEMESTER:

PROGRAM: NURSING ASSISTANT

AUTHOR: DEBBIE SARGENT

DATE: JANUARY, 1991

PREVIOUS OUTLINE DATED: MAY/89

New:

Revision:

APPROVED: <sup>^y > i</sup>  
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NURSING CLINICAL II

RNA 204-15

**COURSE NAME**

**CODE NO.**

**TOTAL CREDIT HOURS: 218**

**PREREQUISITE(S): RNA 103, RNA 104, BIO 104**

**I. PHILOSOPHY/GOALS:**

The clinical practice course provides an opportunity for the student to use the nursing process in assisting a patient/client to promote and maintain adaptation. Acquired knowledge and skills are applied in a variety of settings. Supervised clinical practice periods are provided in the Nursing Skills Lab and hospitals. Common health problems encountered across the lifespan will be the focus for nursing intervention. Continuous reference is made to the College of Nurses Basic Nursing Skills List for R.N.A.'s. Sequencing is done so that as theory is learned each week, it can be then implemented in the clinical course. The independent and interdependent role of the Nursing Assistant will also be emphasized.

**II. STUDENT PERFORMANCE OBJECTIVES:**

All clinical objectives are mandatory (unless otherwise stated) and must be met to earn a "Satisfactory" grade.

Upon successful completion of this course the student will:

1. Use Roy's Adaptation Model as a conceptual basis for Nursing Practice, facilitating optimum adaptation for clients at any point on the health-illness continuum.
  - a) Uses correct terminology eg: client responses, stimuli...
  - b) 4 modes - physiological, self concept, role function, interdependence
  - c) Identifies specific units of study under each of the 4 modes
2. Begin to identify psychological and sociological influences on a client's adaptation.

Participate in the Nursing Process as applied to clients by contributing to:

a) Continuous Assessment of Client

Transfers theory base to:

- i) collects data using appropriate resources
- ii) makes relevant observations of client's responses and stimuli in all 4 modes
- iii) compares the client's responses to accepted norms to determine ineffective responses
- iv) determines client's adaptation level
- v) recognizes appropriate nursing diagnosis based on assessment data
- vi) assists nursing team in reaching nursing diagnosis
- vii) establishes a priority of care with direction

b) Development and Modification of Nursing Care Plans

- i) identifies client care priorities
- ii) plan and organize nursing care based on assessment data
- iii) communicates effectively with members of the health care team
- iv) sets realistic client-centred goals - short/long term goals (desirable)
- v) contributes to client's nursing care plan
- vi) includes the client in planning care, client's preferences

c) Implementation of Nursing Care plans

- i) implements the organizational plan to assist assigned client to maintain and support adaptation
- ii) performs nursing measures consistent with scientific principles (applies nursing theory, concepts and biology content).
- iii) carries out nursing measures safely
- iv) anticipates safety hazards in the environment to ensure client safety
- v) assists clients and family to accept realistic expectations
- vi) utilizes time and equipment effectively
- vii) adapts to unexpected situations without stress/with direction - seeks assistance as necessary
- viii) utilizes medical and surgical aseptic techniques appropriately and explains procedures to client
- ix) demonstrates awareness of community resources to assist client to adapt to changing lifestyles

d) Systematic and Continuous Evaluation

- i) evaluates if client has met goals and states responses to support this
- ii) evaluates the effectiveness of care
- iii) contributes to the modification of client's plan of care

4. Maintain nursing records for clients for whom nursing care is provided utilizing effective verbal and written communication skills.

Develops an awareness of own behaviour and that of others.

Demonstrates beginning competency in therapeutic communication and interpersonal skills effective with client, family and health team.

Develops a genuine trusting, empathetic relationship with clients.

Suspends personal judgment about client or what client is saying - listens and accepts client's thoughts and feelings.

Records and reports information accurately, legibly.

Charts information in accordance with agency policies.

Uses correct spelling, grammar and punctuation, correct terminology.

Uses appropriate channels of communication.

Participates fully and willingly in post conferences, labs, discussions.

D Completes written assignments for labs and clinical.

5. Participate as a member of the health team, within a health system, fulfilling his/her own responsibilities as a member of the nursing discipline.

Professionally:

- a) Maintains competence in all skills taken to date.
- b) Accepts responsibility for his/her own learning.
- c) Accountable for own nursing actions.

- d) Provides quality nursing care regardless of how others nurse, knows correct methods and performs them accordingly.
- e) Maintains a safe environment for clients and health team members.
- f) Reports information accurately, truthfully and honestly.
- g) Performs nursing care within the boundaries of the legal role.
- h) Follows program policies and those of institution of clinical practice.
- i) Shows initiative and enthusiasm.
- j) Reports and takes corrective action for errors.

Personally:

- a) Completes daily achievement records with examples of how he/she met the objectives.
- b) Responds positively to suggestions for improvement and makes changes as necessary.
- c) Shows evidence of preparation and research for clinical work.
- d) Consistently present and punctual for labs and clinical.
- e) Seeks feedback about progress from clinical instructor regularly.
- f) Adheres to uniform policy.
- g) Hands in assignments on time.
- h) Notifies lateness/absence appropriately.
- i) Demonstrates role of a continuous learner.

Demonstrate in nursing practice a commitment to protect the worth and dignity of man.

- a) Demonstrates respect for client's ideas, beliefs, and practices of the individual and family.
- b) Respects client's right to make decisions regarding his/her own health.

7. Demonstrate in nursing practice an understanding of the cultural and health needs of an aging population.
  - a) Bases nursing care on respect for client's culture and client's right to own value system and moral code.
  - b) Able to give quality nursing care to clients whose beliefs and lifestyles may conflict with your belief system.

### III. TOPICS TO BE COVERED:

1. Nursing Lab Skills
2. Practice in Health Care Settings
  - a) Long term/Medical (Plummer Memorial Public Hospital - 2W)
  - b) Surgery (General Hospital - 500A)
  - c) Maternal-Child Care/Paediatrics  
(General Hospital - 300Y, 200Y)

### IV. **LEARNING ACTIVITIES** **REQUIRED RESOURCES**

See Lab Skills Outline for Semester 2.

Resources will be posted on Nursing Assistant's bulletin board prior to each lab.

### V. EVALUATION METHODS (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

1. Nursing Lab Skills
  - a) Students must attend and come prepared for labs.
  - b) Competency of skills learned in Semester 1 is expected.
2. Student Self Evaluation to be completed each clinical week beginning week of January 28, 1991.
3. One satisfactory process recording is to be completed each rotation due February 4, March 11 and April 9, 1991.
4. Nursing care plans and clinical assignments are required as assigned by clinical teacher.
5. Quizzes testing previous labs content will be given periodically during post-conferences.
6. End of rotation evaluations will be done weeks of February 18 and March 25.
7. Final evaluations will be done on April 29, 1991.
8. See Programme Policies for other requirements.

Grading;

S - Satisfactory  
U - Unsatisfactory

A grade will be given at the end of each Rotation. A learning plan will be developed by the student and teacher for any student with an Unsatisfactory grade in Rotation 1 or 2. The learning needs identified must be met to achieve a Satisfactory grade in the final Rotation. For successful completion of RNA 204, a grade of "S" is required in the final Rotation and all clinical objectives must be met.

**VI. REQUIRED STUDENT RESOURCES:**

Same as for RNA 103.

**VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION: (title, publisher, edition, date, library call number if applicable - see attached example)**

**VIII. SPECIAL NOTES:**

1. Attendance is mandatory.
2. Dress code must be maintained.
3. Programme policies from Semester 1 apply throughout the programme.
4. All tests and/or quizzes are the property of the School of Health Sciences, Sault College.

Students with special needs (eg: physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.